

## NEW DETAILS \& EXCLUSIVE PHOTOS

Inside her tragic childhood, troubled marriages and how she finally found love. Plus: The real reasons she stayed so thin

2. Get slimy. DIY your own slime. MixK Kcup of shampoo with 14 cup of cornstarch; then slowly add 6 tbsp. of water. Add more cornstarch if it's too gooey.

## 3. See PAW Patrol

Live! Two shows, "Race to the Rescue" and "The Great Pirate Adventure," are coming to a city near you Get $\$ 5$ off each

4. Make TV time interactive. Check out Netflix's Puss in Book Trapped in an Epic Tale and Buddy Thunderstruck The Mapbe Pile. Kids can choose from various story lines as the show progresses to create their owntale.

## 5. Go apple picking.

Lookup the best times and places at pichyourown.org.

## 6. Go see Kidz Bop live.

 Sing alongto covers of the latest Rihanna and Zayn hits during the group's nationwide tour, which runs until Nov. 5 . Checkkidzbop.com/tour/ for dates and locations.
## 7. Jump around!

Practice your flips at Sly Zone trampoline parks. Checkskyzone.com forlocations.

## 1 <br> VISIT A

PUMPKIN PATCH
Forget the supermarkethead to a local farm to pick out the perfect pumpkin, and fit in time for tractor rides and other activities. civil! III/ $\mid$ MW 8. Complete a room with an animal rug. These adorable floo coverings (above) from Target are fur-free, and they cost just $\$ 24.99$.

## 9. Try a new board

game. Rainy days are fun again with Hasbro's
new subscription service, which delivers three brand-new board games every three months for $\$ 49.99$ per box.
10. It's not too late for a corn dog. The Washington State Fair runs from Sept. 1 to 24, the Texas Fair from


Put your logicalils
to the test, and find you way in and out Look
 Pention

Adopt a pet! Studies show taking care of a pet encourages compassion. Get \$25 off Petco purchases of $\$ 100$ or more at



## 32

Watch hot alr balloons fill the sky
See the colorful hot air balloons at the Plano Balloon Festival in Texas from Sept. 22 to 24. planoballoonfest.org

33. Check out Haylie Duff's clothing line Little Moon Society The lifestyle expert and mom teamed up with her best friend to create a collection of comfy kids' clothes built for play. littlemoonsociety.com


25. Take a family vacation. Hotel rates in Orlando are lowest in the fall Get discounts from CheapOair and Hotel.com: Get $\$ 52$ offfour full-price airline tickets at people.com/cheapoair. Get \$50 off bookings of $\$ 350$ or more at people.com/hotels.

of the city, it's part jungle gym, part surreal sculpture, citymuseurn.org
16. New York Transit Museum It's located underground in a decommissioned subway station. nytransitmuseum.org
15. St. Louis City Museum Made entirely from salvaged pieces
17. O. Orkin Insect Zoo at the Smithsonian Hold all sorts of crawling creatures, like the Lubber grasshopper (right), in Washington, D.C. naturalhistory.siedu
18. The Amaxing World of Dr. Seuss Museum The site, in the author's hometown of Springfield, Mass, includes a garden filled with life-size characters. springfieldmuseums.org
19. Minnesota Children's Museum A four-story indoor slide (left) and 10 new exhibits debuted in June. mem.org
20.5t.Augustine Pirate \& Treasure Museum Little swashbucklers can hoist the Jolly Roger flag and see an authentic treasure chest. thepiratemuseum,com

## 21. Liberty Science

 Center This fall in Jersey City, see a new litter of 10
14. Thinkery The giant Lite Brite wall at this interactive Austin institution attracts kids and adults. thinkeryaustin.org
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| CONNECT WITH TECH ON ANDROID AND IOS |  |  |
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| 26. Gus on the Go <br> Kids can learn 30 <br> different languages- <br> from German to <br> Vietnamese-with the <br> help of Gus the owl on the <br> educational app. $\$ 3.99$ | 27. Storycorps <br> Interview Grandma and Grandpa about their lives and share it with the world to create an "archive of the wisdom of humanity." Free | 28. Drawing Pad Doodle and color on your tablet using a variety of paintbrushes and crayons, then save and share your masterplece. Free |

cute-and-creepy naked mole rat pups. bsc.org
22. The Eric Carle Museum of Picture Book Art This unique Massachusetts space is named for the beloved illustrator of The Very Hungry Caterpillar. carlemuseum.org
23. International Spy Museum In Washington, D.C, Operation Spy takes kids 12 and older on an expedition to solve an international crime. spymuseum.org
24. Port Discovery Children's Museum This Baltimore spot focuses onloarning throughplay.
portdiscevery.org

## learn new things

## 34. Play like a Jedi ata

 locallight saber class like SwordClass NYC (right).35. Sign up for a family fun cooking class at Sur La Table. surlatable.com
36. Take a Saturday kids' club crafting class at Michaels. michaels.com

## 37. Build confidence

 by taking karate, kickboxing or another martial-arts class.

Depot. homedepotcom/ workshops
40. Got active with a KidPass subscription featuring activities ile golf and swim lessons. Visit kidpass.com to sign up.

## 38. Decorate ceramics

 at a Color Me Mine or another paint-your-own pottery studio.39. Try a DIY hands-on kids' workshop at Home

## 41. Join the NASA kids

 club to explore space, play games and see cool dide shows. nasa.gov/kidsclub42. Create a family tree to loarnabout genealogy.

## take in the fall foliage <br> 44. Upper <br> Autumn Glory Fest

Peninsula, Mich. Maples, oaks and hardwoods can be spotted along treecanopied roads near the lake shorelines starting in late September.
45. Stillwater, Minn. Thebest way to experience the scenic nature views is by taking a river cruise in late September.

## 46. The

Berkshires, Mass. Ridenorth along Route 7 in early
October to experience peak foliage time.
47. Oakland, Md.

The annual
starts Oct. 11.
48. Adirondack Mountains, N.Y. See the beautiful colors on a five-hour train ride that goes from Utica to Thendara and back.

## 49. Great Smoky

 Mountains, Tenn. and N.C. Frommid-October to early November, check out more than 100 species of native trees.
## 51. Camp in the backyard. Pitcha

 tent and wake up in the fresh fall air.
## 52. Unplug from

 your tech. Pick an hour each weekend when the whole family goes tech-free.53. Brighten the room with Skechers' line of light-up sneakers for boys and girls (below)
54. Columbia River Gorge, Ore. Stunning yelow leaves can be viewed along streams in the Coast Range in late October.



## visit the Z00

## 55. Check out new

 attractions like social media star Fiona the hippo (left) at the Cincinnati Zoo.56. Or tune in to a live cam, like the San Diego Zoo's Panda Cams, sandiegozoo.org

57. Get matching back-to-school outfits for your daughter and her American Girl doll. From print corduroy dresses to cozy knit sweaters, there's something to fit every girl's personal style. Go to americangirl.com to shop.

## 68 baKE SOMETHING TASTY

Try a no-fuss organic baking kit from Sarah Michelle Gellar's Foodstirs. Kids will love helping to create a Daisy Cookie Bouquet, Frosted Cake Pops or these Rainbow Pancakes. Get 20\% off at people .com/foodstirs.

## take a factory tour

58. World of CocaCola Taste-test more than 100 varieties of Coca-Cola drinks at the brand's Atlanta factory. worldofecen-cola.com
59. Jelly Belly Factory After touring the Fairfield, Calif, plant, pickup some Belly Flops (defective but stilld delicious beans) at a discount.jelybelly.com
60. Vermont Teddy Bear Factory Visit before $4: 30 \mathrm{pm}$. on weekdays to see master toymakers (below) cut,
sew and stuff the one-
of-a-kind bears by hand. of-a-kind bears by hand. vermontteddybearcom
61. Hershey's Chocolate World Across the street from the Pennsy/vania theme park, visitors learn chocolatemaking and create a custom candy bar. hersheyschocolateworld .com
62. Pez Factory Weekday visitors to this Connecticut factory can see the production floor in action. pez.com

63. Cape Cod Potato Chip Factory Monday through Friday, the company's headquarters offers a fast, free self-guided tour. capecodchips.com
64. Gibson Guitar Factory In Memphis, see what goes into making some of the world's most famous instruments. gibsoncom
65. Ben \& Jerry's Factory Be sure to visit the Flavor Graveyard of discontinued pints at ith's Vermont favorite. It's especially busy in summer and fall, so plan ahoad. benjerry.com

## 66.Future

of Flight Boeing Factory This Seattle attraction offers a peek into a real jet assembly plant, the largest building in the world by volume. futureofflight.org

82. River Rose and the Magical Christmas Kelly Clarkson's second picture book

85. Smartphone Movie Maker Filmmaking with your phone, complete with a projector kit.

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88. After the Fall A wacky
retelling of how Humpty Dumpty got backup again.

89. Imagine An illustrated version of the classic John Lennon song about peace.
Piver Roseand the

Lenno

## great reads!


83. Dog Man The adventures of a crime-fighting canine from the creator of Captain Underpants.

86. When's My Birthday? A picture book celebrating the anticipation of the big day.

89. She Persisted

Chelsea Clinton shares the stories of 13 American heroines.

92. Life Hacks for Kids 14 -year-old YouTube star Sunny Koller shares tips.

84. Ghosts Acclaimed author Raina Telgemeier tackles ghosts in this comic-strip novel.

87. Nothing Rhymes with Orange A parable about feeling left out.

90. Jumanjit The classic book about a board game that inspired two movies.

93. The Littlest Train A toy train, knocked off its wooden tracks, gets help.
94. Make time for story time at your local library or Barnes \& Noble. Studies show that children's brains arestimulated when they listen to a story.
95. Pick from a digital library if you can't get to the library or bookstore. For $\$ 7.99$ a month, Epic! offers access to 25,000 books for kids on web, IOS and Android devices.

## fAMILY FILMS

## 96. My Little Pony hits

 the big screen on Oct. 6. Get 30\% off My Little Pony playsets and othe selected Jet.com toys at people.com/jettoys.
97. The LEGO Ninjago

Movie A family of ninjas protect the city of Ninjago. Out Sept. 22.
98. Coco A musician and his dog search to discover his family's story. In theaters Nov. 22.
99. Ferdinand A bul goes against the herd and prefers pacifism. Charging into theaters Dec. 15.


## 17g OF PROTEIN



